

Hidden Valley Equestrian Center, Inc. "Camp"

Pre-Camp Infirmary

Checklist

Two weeks before Camp

- ___ Check that Camp has a current copy of your campers' medication schedule.

Example: Depakote 500 mg two times a day at 8 AM & 8 PM

- ___ If your camper has had medication changes since you have sent in your application, fax the new medication schedule to the infirmary.

Camp fax #: 207-474-3018 Attn: Infirmary!

- ___ If you have your pharmacy pack out meds just for camp, request the pharmacy pack them out in "safety vials" (bottles) or in "strip packs" - avoid blister packs. Especially single-dose blister packs.

Day of Camp

- ___ Bring a medication list and schedule with you even though you already sent one – this helps speed up the registration process. And provides a double-check for safe medication administration recording. ___ Pack out Sunday evening and bedtime meds for your camper. Label each bag (enclosed) with your camper's name, medication names, doses, and doctor. Use one bag for evening meds (5 PM) and one bag for bedtime meds (8 PM). Your pharmacy may be willing to do this for you and/or print you a set of labels.

- ___ Put your camper's name – big and bold- on everything!

- ___ Bring your camper's meds with you – no kidding sometimes they're forgotten. Have you packed enough for the week, plus one extra set? Have you brought the original containers?

- ___ If your camper has had a health status change or behavioral change, please give consideration to re-evaluating the timing of the camper's experience.

- ___ Greet the nurses. They will have prepared a medication record for your camper and are ready to record additional important health care information.